



832.674.0774

houstonwordsports.com

Fencing Programs for Your School



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Take Houston Sword Sports to school with you!

What is fencing?

Fencing is an exciting, safe, alternative sport. Although fencing is as old as the Pharaohs, modern fencing has its roots in the swordplay of the European Renaissance. The gentry would practice fencing as a sport and fight the occasional duel, with the emphasis always to hit without being hit.

Fencing is finding the right time to strike while defending against your opponent. It develops the mind as well as the body.

Why your school needs fencing.

Pirates and knights. Musketeers and ninjas. The art of the sword runs through our fantasies.

■ **Mind & Body**

Fencing challenges the body and mind by developing balance, agility, focus, decision making, and spatial reasoning.

■ **Safe & Fun**

Fencing is safe, with fewer time-loss injuries to keep students out of school than other sports.

■ **Self Discipline & Self Esteem**

Studies show martial arts like fencing develop self-discipline, impulse control, and mental manipulation, giving kids the tools to succeed in school.

■ **Inclusive**

Fencing is equally suited to girls and boys. It also is a popular sport for students with physical disabilities. We can give wheelchair fencing lessons.

Start Today: We provide equipment and instructors. You provide students and space. We look forward to working with you.



To start your program contact us at info@houstonwordsports.com or **832.674.0774**

Visit us online at houstonwordsports.com

Three different programs to suit your needs

Fencing Field Day

Your first blade. We will do an interactive program perfect for field day, assemblies, and other special events. These demonstrations can be as short as fifteen minutes or as long as an hour, depending on your needs. Students learn to move like fencers, wield their blades, and compete against each other. All equipment will be provided.

Fencing PE Unit

A PE class like no other. We will come to your gym class for one to four weeks and teach a unit on fencing. Students will learn fencing's history, develop basic skills, and take part in supervised fencing. All equipment will be provided.

After School Fencing

Exploring swordplay. This program is designed to fit into your after-school enrichment program. Students will spend an hour per week learning the fundamentals and history of fencing with games, exercises, and supervised fencing. All equipment provided; starter sets are available for purchase.